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Knife Defense Dynamics, the seventh book in the series, covers dynamic knife defense concepts including seizing the initiative, forcing the adversary to retreat, and taking his balance. It covers different ways to defend against and neutralize the threat in stand-up and ground scenarios.

Knife Defense Dynamics (Knife Training Methods and

Knife Against Knife Defense Page 4 www.CoacheremyPollack.com Step 4 Practice and repeat: Practice and repeat these steps from interior and overhead angles.

Knife Against Knife Defense - Gun Carrier

Armed Citizens™ Legal Defense Network • www.armedcitizensnetwork.org • P O Box 400, Onalaska, WA 98570 1 Knife Legal Defense Issues Deserve Study Interview by Gila Hayes Many armed citizens carry pocketknives for utility use as well as for last-resort defense if unable to use their gun.

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Knife Defense Dynamics, the seventh book in the series, covers dynamic knife defense concepts including seizing the initiative, forcing the adversary to retreat, and taking his balance. It covers different ways to defend against and neutralize the threat in stand-up and ground scenarios.

Knife Defense Dynamics by Martina Sprague • OverDrive

The knife fighter's "shield hand" can also be used to parry. punch. if necessary. you can prevent him from drawing the weapon and cutting your hand. with his knife to the you can attack and/or block or parry any thrusts by the front and shield hand covering his chest. or grabbing technique.

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of attack or defense. So, the hand holding knife can punch ribs or elsewhere, thus setting up opponent for rest of counter attack. Knife is wrapped around wrist with blade edge cutting into st. This particular usage may not come into play very often, but it can be useful for maintaining

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Making the Cut: Understanding Combative Cutting Dynamics August 3, 2010 By Michael Janich & filed under All Articles , Non-Firearm Defensive Tools . Self-defense is all about stopping power.

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